

# KENSINGTON INT-SR HIGH SCHOOL

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<http://www.edu.pe.ca/kish>

February 2018

## **Dates to Remember:**

February 2 - First day of second semester  
February 5 - First day of Transitions  
Program at holland College  
February 7 - Last day for Course Changes  
February 6 - Late French Immersion  
Meeting for grade 6 Students and Parents  
from 7 - p.m. in KISH Library  
February 10 - PEISAA Gymnastics at KISH  
February 12-19 Teacher Appreciation Week  
February 16 - No Classes  
February 19 - No Classes Islander Day  
March 2 - School Goals Day Senior High,  
Parent-Teacher Junior High  
May 12 - KISH Prom  
June 21 - KISH Graduation

## **School Council Notes**

Rob Hartlen

Children ages 9-17 spend an average of 5 hours per day online.

Bullying and taunting may never end for some students as it occurs online all of the time. Parents need to be aware of what is happening with their children's phones and devices. What apps are on their phone? What are they used for? What pictures are on the phone? You have the right as a parent to monitor your child's phone and to know where they are using the phones and what they are doing.

It is the parent's right and their duty to watch out for your children!!

Phishing is when sites are looking for your personal information. 68% of the

games/surveys online are phishing programs that are searching for your personal information like email address. Some of these hackers are able to access our camera and microphone and turn them on at will if we unblock our phones while attempting to see "what animal am I" or other game while online. Therefore, someone may be always listening and watching us.

Parents need to sit down and talk to children about what is on their phone. Parents need to discuss their child's social media footprint because it will follow them around for life. Adults can lose their jobs for what they post online, young people will not get hired.

Some apps to be aware of: Whisper-100% gossip, SnapChat- nothing good about it, KICK-not safe, YicYack, AskFM, KIK, POKE, VINE, Tumbler, Tinder

## **Course Selection for 2018-2019**

We will be hosting a parent information meeting regarding course selection on Thursday, March 15th at 7 p.m. I encourage all parents to create an account for MyBluePrint with their children and review course selection options for them starting today. Graduation requirements are available in our course selection handbook under the parent resources on the KISH website.

### **High School Hockey**

The 2018 high school hockey tournament will be hosted once again by KISH. It will be held on April 9th-14th. Anyone interested in helping organize our event is asked to contact Donald Mulligan at 836-8901. Staff and students have been awesome in volunteering over the years, but more volunteers are always welcome. Individuals can assist in organizing and communication before the tournament or supervision during the tournament. Many hands make light work!

### **2nd Annual Aidan K. Harrington Memorial Tournament**

The 2nd Annual Aidan K. Harrington Memorial Tournament had a very successful weekend Jan. 12th & 13th here at KISH & Kinkora. The Senior Men's team won their opening game vs. Kinkora and lost to both Rural 2 (eventual winner) & Montague in their final 2 round robin games. The Senior Women's Basketball team played very well all weekend going 4-0 and winning the gold medal over Rural 2 in an exciting championship game. Johnathan Lauwerijssen was named a tournament all-star for the Torchmen & Hillary MacLean was named a tournament all-star for the Torchettes. Ellen Cole was named tournament MVP on the women's side. A big thank you to the players, parents & scorers for making the weekend run smoothly.

### **Home and School News**

#### **Teacher/Staff Appreciation Week**

Celebrate Teachers/Staff Appreciation Week, February 12 - 16, 2018. Home and

Schools are reminded to celebrate all school staff during this week of recognition. The Federation will present Extra Mile Awards during the week to recognize school staff who go the 'extra mile' for students.

### **Volunteer and Life Membership Awards**

Each year at the Annual Meeting & Convention, Home and School volunteers are recognized for their volunteer efforts in their association and at their local school. Associations may nominate a Home and School member for the 2018 awards by compiling a nomination and sending to the Federation office by: **March 9, 2018**. Find criteria attached and online at: <http://peihsf.ca/content/awards>

### **65th Annual Meeting & Convention~1953-2018**

The P.E.I. Home and School Federation will hold its **65th Annual Meeting & Convention on Saturday, April 14, 2018**. All Home and Schoolers are invited to attend with each association asked to designate five attendees as your school's voting delegates. You are encouraged to include teachers, administrators and staff as delegates. Registration information will be mailed to presidents and posted online in February.

### **SHAD**

The SHAD organization's goal is to ensure that all PEI students are aware of their program and the life-changing benefits it provides.

SHAD is a unique four-week summer enrichment program for high-achieving grade 10, 11, and 12 students. Participants

live in residence with 50 of their like-minded peers at one of 13 leading universities across Canada.

The program focuses on science, engineering, math, entrepreneurship, and the arts, but there are also outdoor recreational activities such as camping and hiking.

Students leave the program with new friends from around the world, increased self-confidence, a better understanding of university options, and a strong desire to overcome personal and social challenges.

It's the pre-university experience of a lifetime but the opportunities don't end when participants leave their campus. For example, there are internships, scholarships, campus clubs, network opportunities, and venture capital funding that are only available to SHAD alumni. You can learn more about the program at [www.shad.ca](http://www.shad.ca).

Dear Parents,

Last School year Chartwells introduced a **NEW and CONVENIENT** way to purchase food at the school cafeteria with our **Zipthru Reloadable Card**. Just like any gift card, money is loaded on a card and every time a purchase is made it is subtracted from the balance remaining on the card. The online function of this program provides convenience for the parent to purchase, reload and monitor balance and spending. There is also the ability to set up an account to protect the balance on the card if lost or stolen.

If you have any questions or concerns, please email [zipthru.support@compass-canada.com](mailto:zipthru.support@compass-canada.com).

## 4 STEP PURCHASING PROCESS:

**STEP ONE:** Buy an e-certificate online at [zipthru-card.ca](http://zipthru-card.ca) using a credit card or debit. When purchase is made online an e-mail will be sent immediately to your e-mail address with an e-Certificate.

**STEP TWO:** Print and present the e-Certificate to the cashier at the cafeteria and the balance will be transferred to a Zipthru reloadable card.



**STEP THREE:** Visit [zipthru-card.ca](http://zipthru-card.ca) and **Create an Account** using the number from the card your child was issued at the cafeteria (step 2). Creating an account provides the benefit of protecting the balance, once reported online, and allows you to easily reload and track spending online.

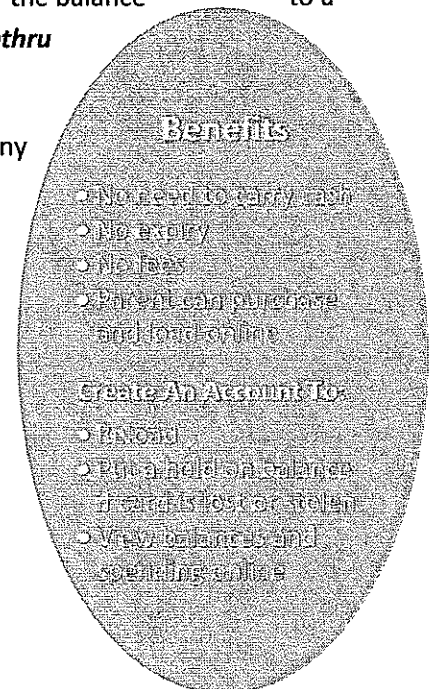
**STEP FOUR:** Purchase using your card. Each time the card is used to make a purchase, the amount of the purchase is deducted from the balance on the card. The balance is printed at the bottom of each receipt.

## STEPS TO USE "MY ACCOUNT" FEATURE

**STEP ONE:** Visit [zipthru-card.ca](http://zipthru-card.ca), once you have purchased an e-Certificate and transfer the balance to a physical card at the cafeteria. "Create an Account" using the number located on the **Zipthru Card**.

**STEP TWO:** After you have created an account you can visit the [zipthru-card.ca](http://zipthru-card.ca) site at any time by entering the "My Account" feature to review current balance. With an account you can **reload a new balance on the current card instantly as well**.

**Card Protection** If the card is **lost or stolen**, visit [zipthru-card.ca](http://zipthru-card.ca) and go to "My Account" and put a hold on the balance. The system will notify our head-office and within three business days we will notify the Chartwells Supervisor to issue a new card with the remaining balance. A follow up e-mail to the account holder will communicate next steps. There is no charge for the first two replacements of a card during a school year, due to loss or damages, however a \$5 administration fee may be charged for each subsequent replacement.



We hope that you enjoy our new service!



BALANCED CHOICES  
for a healthy lifestyle



## Families as Career Transition and Support (FACTS)

Parents/guardians are the single greatest influence on their child's education and career decisions.

When you think about guiding your child along his or her career path, it might help to imagine you are planning a trip—after all, this will be a journey for both of you!

If you are unsure about how to coach your child in navigating their path through, visit our **FACTS Website** to help you learn more about supporting your child.

### WHAT IS CAREER DEVELOPMENT?

Career Development is the **lifelong** process of managing learning, work, leisure, and transitions in order to move toward a personally determined and **evolving** preferred future.

### MY PLAN

Our main resource, My Plan: A Guide for Prince Edward Island Secondary Students can be found at: [www.myplanpei.ca](http://www.myplanpei.ca)

My Plan is designed to support students in developing the knowledge and skills required to to make informed choices. It helps students discover who they truly are, make sense of their experiences, explore opportunities, find their purpose, and figure out how to take their next best steps.

Your child can explore the answers to the questions below to help with their career journey!

#### Who Am I?

Knowing who you are is an important step in planning your future and deciding your next step. Understanding your interests, values, skills, and personality traits will help you along the journey.

#### What Are My Opportunities?

Use your time in school and in the community to explore options and areas of interest, make connections, and participate in community-based learning.

#### Who am I?

#### What are my opportunities?

#### What is my action plan?

#### What is My Action Plan?

Identifying resources, building skills, and creating networks will help you achieve your goals as you take your next step in your journey through and beyond high school. Get into motion! Stay motivated! Access your allies! Always have a backup plan!

#### What are my next steps and why?

#### What Are My Next Steps and Why?

Choosing courses and experiences that align with your interests will help you set goals to create the future you want. Ensure that your choices and actions are guided by what's really important to you.

## KEY DATES

Holland College Campus Tour Day  
Saturday, February 3th  
10:00 a.m. - 1:00 p.m.

Online registration required at  
[recruitment@hollandcollege.com](mailto:recruitment@hollandcollege.com).

For more information, call:  
902-566-9566

University of Prince Edward Island  
Application Deadline to be eligible  
for entrance Scholarships,  
Wednesday, March 1st, 2018.

For more information, please visit:  
[www.upei.ca](http://www.upei.ca) or call (902) 628-4353

Holland College Program  
Application Deadline :  
February 28th, 2018

For more information, please visit:  
[www.hollandcollege.com](http://www.hollandcollege.com)

## Your MyPlan Team

### Contact Us!

We are available to provide support  
to CEO teachers, counselors, health  
teachers, parents/guardians, and families.

**Carron McCabe**

Project Manager

Student Graduation & Transition Planner

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**Lyndsey Paynter**

Career Transitions Facilitator

[lpaynter@edu.pe.ca](mailto:lpaynter@edu.pe.ca)

## UPCOMING EVENT: TOURISM JOB FAIR

Saturday, March 3, 2018 from 10:00 am - 2:00 pm

Tourism Industry Association of Prince Edward Island (TIAPEI) will host the annual Tourism Job Fair at the Delta Prince Edward and PEI Convention Centre.

Don't forget  
your résumé!



## myBlueprint

myBlueprint, an on-line education planner found at: [www.myblueprint.ca/pei](http://www.myblueprint.ca/pei), accompanies My Plan and allows students to set goals, plan high school pathways, explore occupations and post secondary programs, and create financial plans. Your child has used or will use myBlueprint to make high school course selections.

Students can link their myBlueprint account to their parent's/guardian's account. Click [here](#) for instructions.

If you have further questions about how to support your child in making informed choices, or would like to attend a Families as Career & Transition Supports session at your school, please get in touch with your school counselor or principal.

## Volunteer with Health PEI!

Check out these Island-wide health care  
volunteering opportunities:

<https://www.princeedwardisland.ca/en/information/health-pei/volunteer-health-pei>